



Cyclemania

Mandurah Over 55 Cycling Club

September 2020



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Freewheeling With The President



Hi Members of the MO55CC.

FREEWHEELING with the President

Safety 1st

Spring is in the air!

- 1. Group numbers increase so concentrate while riding.**
- 2. First taste of warmer weather so keep hydrated.**
- 3. For those lucky enough to have been holidaying gradually increase your fitness.**

Yes take it slowly .

- 4. Please observe social distancing and any other current government health requirement.**

There is an air of excitement as we approach our AGM, with a group of members volunteering for committee duties, well done and thanks to you.

We have had quite a lot of new riders join the club, even during Covid-19 period and it's great to see their enthusiasm purchasing their first yellow shirt, the club thanks you for your support. The MO55CC doesn't ask much of its members, \$50.00 annual membership fee a bit of volunteering and the wearing of the yellow club shirt on club days and events, thank you to those who comply.

If you feel like you have been couped up for the last few cold months why not try one or more of our country tours, lots of laughs and camaraderie and also different scenery.

Lastly there was some negative comments about our clubs survival during the pandemic however our numbers are still strong, just over 200. So wiggle into your Lycra and remember?

WE LOVE TO RIDE!!!

Regards

John Cox



COLIN RICHARDSON

I first met Colin one Tuesday morning in September 2015. I was taking my ride group along the coastal hill path at Halls Head when he asked if he could ride with us. He told us that he had not long left his farm and moved to Mandurah as he was recovering from his first bout of cancer. Colin asked all about the Club, I invited to join, suggesting he come along the following Tuesday.

Colin duly arrived and immediately joined the Club. His outgoing and friendly personality made him a very welcome new member and he entered into the life of the Club with enthusiasm and purpose. So much so that within a few months he had become a Ride Leader and in 2016 he joined the Committee as Publicity Officer.

As people will remember Colin, everything he did with humour and great purpose making valuable contributions to the everyday business of the Club. Also, these same characteristics made him an outstanding Publicity Officer and resulted in our receipts of a number of grants from the City of Mandurah and other institutions.

Colin also initiated a Friday Ride around Perth through Elizabeth Key Claisbrook, the nearby TAFE Complex, Optus Stadium and finishing for lunch in South Perth. This Ride is still in the Calendar as Colin's Ascot Ride and I hope this will remain in the Calendar in the future as a fitting memorial to Colin.

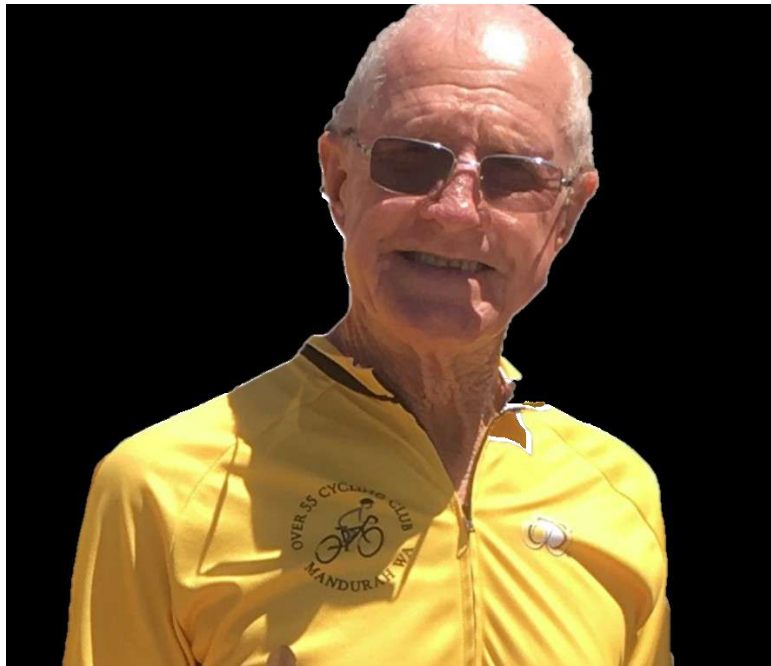
Sadly the cancer returned and Colin was forced to resign from the Committee and later give up his leadership of his ride group.

Not surprisingly Colin met this new challenge with his usual humour and determination, however, as his illness took its toll his visits to the Club became less frequent and, finally lost his battle.

Sadly the insidious intrusion of Covid 19 has prevented the many members of the Club who I know would have wanted to farewell and remember our friend

On behalf of the President and all members of the Club I express our sincere condolences to Cheryl and Colin's family.

Brian MacFarlane.



Stan Blaszkow

It was with great sadness and shock that members of the Mandurah Over 55 Cycling Club learnt of the unexpected passing of prominent member and good friend, Stan Blaszkow.

Stan first joined our club in March 2009, and as with all things that Stan undertook, he embraced it with good humour and enthusiasm. He may have started on his humble mountain bike, but it was only a short time before he had progressed up the ranks to become one of our best riders. For some, it became a bench mark to “keep up with Stan”. For most of us, he was just a great rider and a really nice person, Stan who always had a smile and the time to say hello.

Outside of his family, Stan had two major interests in his life – sailing and cycling. In fact, it was only when his boat fell off its cradle and was a write-off, that Stan joined the cycling club. And from that time, if he wasn't away on his Yacht, together with his wife Ros, he would be present at the MO55CC, fully involved in all that it offered.

Stan spent time as a committee member and contributed valuable opinions and advice in this role. He and Ros were dependable regulars at Christmas dinners, Melbourne Cup lunches and any social function that happened to be on. They were familiar faces on static tours such as Busselton, Albany and the Swan Valley and on moving tours to Augusta and the wheat belt. But it doesn't stop there; interstate and overseas cycling trips were also on their agenda. One might say that Stan was the “complete’ cyclist.

We certainly miss Stan and deeply regret his passing. But we also celebrate what he contributed to the Mandurah Over 55 Cycling Club – his friendship, his talent, his enthusiasm and dedication.

Our club extends its sincere sympathy to Stan's wife Ros, his children, Tracey, Darren and Corey and their families.

Stan, may you rest in peaceand wherever you are, may there be a good bike to ride.

Lorraine Nielsen



Welcome Michael and Sandra Ryan

We also welcome George Urbaniak and Beverly Britton

Photos not available at time of Publication



Cycling Talent in our ranks

Quiet Achiever: Continuing with the series of club members who have been quiet achievers in the sport of cycling this edition will include John Crimp (Crimpy). Although some might challenge the term quiet.

Crimpy has been a serious cyclist during the nineties competing in many tours and competitions as a member of Peel Districts and Midland cycling clubs.

His major achievements are:

1993 - Winner of the Peel Districts C/C Presidents Cup. This is a 75k race open to all ages.

1995 - Bronze Medal in the World Masters Games for the 1000 m sprint. This was held at the Midland Velodrome. The event involves several laps jockeying for position. The actual race starts at the discretion of the stewards. A bell rings and the fun begins for 1000m.

1995/96 - Crimpy achieved a commendable time of 54mins in the Peel Districts 40km Time Trial competition.

He has also competed and completed the following classic road races in the veteran category:

Katherine to Darwin. 330 km over 3 days
Beverly to Perth 170km in 1 day
Menzies to Kalgoorlie 90km
Colie to Donnybrook 100km

Crimpy is an all-round cyclist as can be seen from his record, competing in events ranging from 1000m on a velodrome, to a 330km road race, all ridden on his almost 30year old trusty Norco road bike which he still rides. Not only is he an all- round cyclist but in 2007 he was the South Mandurah Tennis Club doubles champion.

We were going to include his photo but the censors felt that it would scare the grandchildren so we have included a photo of his trophy.

I am pleased to report that our 2 major sponsors; Bowra & O'Dea and Giant Mandurah are happy to continue their support of our club for next year. Lane Ford were not approached this year because of the economic climate. I am yet to ask them about next year.

Fund Raising : In August Bunnings invited us to run a BBQ under COVID trial conditions. Food hygiene and crowd control was the major focus. The trial went very well and a profit of \$1200 was made. The proceeds are for next year's moving tour. The club volunteers on the day were all planning to participate in the moving tour.

Please note that if there are any other groups in the club that would like to raise funds for a project or activity that is club related then I am happy to help with the planning of another Bunnings BBQ.

Bunnings have indicated that the selling price for a snag in a roll for next year is being reviewed and \$3.50 is being considered. This could increase profit by \$500 - \$700.

Terry O'Shea



BOWRA & O'DEA
FUNERAL DIRECTORS



GIANT

Mandurah



Sponsor News

Cycles Mandurah

Cycling Helmet manufacturers recommend that helmets should be replaced every 5 years or sooner if a significant impact has occurred.

Our club sponsor currently has a sales special on Aero helmets. The price has been reduced from \$279 to \$129. The helmets are light weight and aerodynamic and meet safety regulations and come in a range of colours.

Jason advises that he now has a range of new models for Giant and Liv plus a range of Electric, Mountain and Juvenile bikes. He is looking forward to our next Chuck Wagon day which will be held at his Halls Head shop.

Tale of woe for Elyse. Last year she qualified to represent Australia in the World Ironman Comp. Unfortunately, she got sick which restricted her performance. This year she again qualified but COVID stopped that. She has also qualified for next year but has just heard that also has been cancelled due to the rotten virus.

Terry O'Shea

Captain's Report

On Friday 18 September, 27 club members set off to complete the 100 and 150km achievement rides.

There were two groups one lead by Arthur the other by Andy doing the 100km ,the riders were,

Arthur Watkins

Andy McLeavy

Sue Giles

Irene Beynon

Phil Riddle

Sonja Mercer

Michael Mackay

Anne Doherty

Three groups riding the 150km being lead by Mark, Barry, and Peter respectively.

Mark Thurgood

Sue Thurgood

George Pawloff

Rod Hammond

Kim Mercer

Barry Kershaw

Jan Millar

Terry O'Shea

Mary Tuckett

Richard Tuckett

Ron Richards

Peter Glasson

Colleen Glasson

Lyn Trenbath

Harry Postma(100) Bill Whalley (100)



Upcoming Events



Serpentine falls ride is to be held on Friday 16th October Leaving Lakes Cemetery 8.30am Start
Flat ride will suit all members approx 70km return
Morning Tea on the way
BBQ Lunch at the falls park

Swan Valley tour

19 October



Albany tour

23 November



Club Ride 9am

October 6 @ 9:00 am

Recurring Event

Club House, 1 Halls Head Parade

Halls Head, WA 6210 Australia

Barry and Jan's Ride

October 7 @ 9:00 am

Meeting point and destination to be announced each Tuesday prior to club ride.

Riders meet at 9am every Wednesday (8am in Summer) Medium to Strong Riders

George's Ride

October 9 @ 9:00 am from council carpark opposite Atrium.

Recurring Event

Social ride, easy riders catered for (fast as the slowest rider).

8:00am start Dec – Feb;

9:00am Mar – Nov

Baldivis Ride

October 9 @ 9:00 am from Lakes Memorial Cemetery

Cnr Stock road & Marginata road

Riders meet at 9am every other Friday, Medium to Strong Riders

Club Ride 9am

October 13 @ 9:00 am

|Recurring Event

Club House, 1 Halls Head Parade

Halls Head, WA 6210 Australia

Annual General Meeting

October 13 @ 12:00 midday

Club House, 1 Halls Head Parade

Halls Head, WA 6210 Australia

Barry and Jan's Ride -

October 14 @ 9:00 am

Meeting point and destination to be announced each Tuesday prior to club ride.

Riders meet at 9am every Wednesday (8am in Summer) Medium to Strong Riders

Peelwood Path

October 15 @ 9:00 am

Recurring Event

Peelwood Path, 2 Peelwood Parade

Halls Head, WA 6210 Australia

Riders meet at 9am every Thursday opposite the BP Service Station in Halls Head. Rides to Venue 1 and Venue 2 on alternate months. All level of riders catered for. (Venues are either golf club or surf club)

Serpentine falls ride

Friday 16th October Leaving Lakes Cemetery for a 8.30am Start

Flat ride will suit all members approx 70km return

Morning Tea on the way

BBQ Lunch at the falls park

Pinjarra Ride

October 16th @ 9:00 am from Lakes Memorial Cemetery

Cnr Stock road & Marginata road

Riders meet at 9am every other Friday, Medium to Strong Riders

George's Ride

October 16 @ 9:00 am from council carpark opposite Atrium.

Recurring Event

Social ride, easy riders catered for (fast as the slowest rider).

8:00am start Dec – Feb;

9:00am Mar – Nov

Club Ride 9am

October 20 @ 9:00 am

|Recurring Event

Club House, 1 Halls Head Parade

Halls Head, WA 6210 Australia

Barry and Jan's Ride

September 21@ 9:00 am

Meeting point and destination to be announced each Tuesday prior to club ride.

Riders meet at 9am every Wednesday (8am in Summer) Medium to Strong Riders